



COLLEGE & CAREER BULLETIN

June 8, 2022

CLASS UPDATES:

Seniors

* Read this article for important steps to prepare for your freshman year: [10 Things To Do This Summer To Prepare For Your Freshman Year Of College](#). This includes information about FERPA, HIPAA, and Medical and Financial Proxy Forms.

Juniors

* Review the [College Application Timeline](#) to make sure you stay on track!

TO DO: Don't forget to ask teachers for recommendations before the school year ends and be sure to start working on your Brag Sheets (located on Naviance > About Me > Surveys From My School). Parents should also complete the Parent Brag Sheet on Naviance.

* Review the [2022-2023 Common App Essay Prompts](#) and check out College Guidance Network's resources on the essay: [Video: Starting Your Essay](#), [FAQ: Essays](#). If you haven't set up your College Guidance Network student or parent account yet, email Mrs. Nicholson for instructions.

* Check out great advice from the senior class on the college process:

"Take the help your counselors offer."

"Start your search early! Be realistic!"

"Keep an open mind."

"Check your email!!!!!"

"Reach for the best but like your safety schools too!"

"Don't worry about the 'name' of the school, go where you like!"

"Try not to think about other people and where they are going to school compared to you, stay on your own path."

"Follow what your School Counselor sends out, for example the monthly checklist, and it will make the process less stressful."

"Make sure you have a balanced list and be sure that you really want to go to all of your colleges."

"Be patient, it is not the end of the world if you don't get into your dream school. There are a lot of options out there."

"Don't get too stressed out. There's going to be a college that wants to have you."

"Don't overdo it with the amount of schools you apply to. Keep a level head. You will get decisions you like and decisions you don't like, you have to just take it in stride. It all happens for a reason."

Think About the College Essay:

While students certainly shouldn't feel pressure to have a final draft of their essays this early, June is a great time to start thinking about potential topics and create an outline. Many applications, including Common App, have already published their essay prompts. These resources will help your student to get started:

“Do not keep your heart set on only one school, keep an open mind when you’re building your colleges lists. There are great schools and opportunities out there.”

“Only apply to schools that you know you’ll be happy at. If you’re not going to be excited if it’s the only school you got into, don’t apply then.”

“Use your support systems during this time and ask questions!”

“Take advantage of any opportunities you have to visit schools. Visit schools early.”

“It’s not as stressful as people make it out to be. The waiting is the toughest part. The application part isn’t that bad, as long as you use your resources and have good time management.”

“Start early to research scholarships.”

UPCOMING COLLEGE/CAREER EVENTS:

June 14: *Annual College Admission Panel.* MLHS is excited to welcome representatives from *Colgate University, Providence College, and James Madison University!* Our panelists will provide advice and insight on the admission process. This program is open to all MLHS families.

Microsoft Teams Link: https://teams.microsoft.com/l/meetup-join/19%3ameeting_MTU4ZjAzOWItODYyZS00MTU3LWE3ZjEtNDkwZmM1OGViODM3%40thread.v2/0?context=%7b%22Tid%22%3a%22aaaea13-6162-4ea8-b1f7-9e6cfbd26729%22%2c%22Oid%22%3a%22eac00c10-be86-4913-9c14-bb0f61309f01%22%7d

June 15: *Johns Hopkins* is hosting *Application Workshop: College Application & Search.* Get started on your college search and begin thinking more critically about the application process! Utilizing brainstorming and reflection exercises, you’ll learn how to identify what college characteristics are most important for you and develop an application that best demonstrates your strengths and match with an institution. Admissions officers will cover how to research different schools and tips and insights into how to finalize your list of schools to apply to. Register [here](#).

June 15: *Providence College* is hosting *Essay Workshop: Feeling stuck when it comes to the college essay?* This webinar will include ways to brainstorm the right topic for you and advice on approaching this pivotal part of your application. You will learn why the essay is important to colleges like Providence College, and some tips to help you focus on what to include. Hear from Office of Admission staff members who have read hundreds of essays and can help you feel more confident as you begin your application. Register [here](#).

June 16: Are you a female student interested in attending a federal service academy? The *United States Merchant Marine Academy (USMMA)* is one of the five federal service academies. Our Admissions Office will be hosting this special session to answer any/all questions your students may have about service academy life. Register [here](#) for this virtual Q&A session.

June 16: The *College Guidance Network* is hosting *Challenge Accepted! College Admission and Your Future.* The college search is a window into the next phase of life for students and those who support them. It can be exciting and full of opportunity and will also likely challenge you at some point. In this interactive Q&A, you’ll get a framework for dealing with those inevitable challenges and gain perspective that will help tamp down anxiety about college admissions. Hosts: *Frank Bruni, Best Selling Author, New York Times Columnist and Duke University Professor; Christoph Guttentag, Dean of Undergraduate Admissions, Duke University.* Register [here](#).



June 21: *Coalition for College* is hosting *Inside College Admissions: How Decisions Are Made*. Admissions counselors from Coalition schools take us behind the scenes in this panel discussion. If you've wondered how decisions are made, what admissions officers are looking for when they review applications, and how to put your best foot forward when applying, then join us for this discussion and ask your own questions, as well. Featuring: *Olin College of Engineering, University of Chicago, University of Delaware, Wesleyan University, Vanderbilt University*. Register [here](#).

June 22: *Johns Hopkins* is hosting *Application Workshop: Admissions 101*. Join Hopkins admissions officers for an overview of the college admissions process, including terminology, timelines, and requirements. You can look forward to participating in trivia questions throughout the presentation to gain insights and build a strong foundation for the college search and application process. Register [here](#).

Throughout June: CCM is hosting information sessions, tours, and virtual "walk-in" sessions. Their Counselor Corner Virtual Walk-in Sessions provide the opportunity for you to meet individually via a Zoom meeting with an Admissions Counselor to have your questions answered. Register [here](#).

OTHER RESOURCES:

- * [4 Tips for Finding the Best College for You](#), by Nasdaq
- * [9 Things To Look For When Choosing Your Perfect College Fit](#), by University of South Carolina
- * [A Radical Change for Admissions](#), by Inside Higher Ed
- * [College Admission: Data, Transparency, And Match](#), by Forbes

Key Quote: *"You could be the most qualified student in the country with perfect grades and test scores, an exceptionally written college essay, glowing recommendations, and impactful community involvement, and still be turned down by the most selective colleges. The reality is, you are rolling the dice when applying to these schools. They could select a full class of new students, throw it out, take the runners up, and guess what...the overall profile of the accepted class would look nearly identical... This you cannot control. What you can control is how YOU approach the college search and application experience, and the quality and usefulness of the data you seek."*

- * [College Admission: Who Knows What?](#), by Forbes
- * [College Tasks for Each Summer of High School](#), by US News
- * [How to Plan College Visits in the Northeast](#), by NYU
- * [Juniors – Now is the time to ask for letters of recommendation](#), by Bierer College Consulting
- * [Top 5 HS Graduation Messages for Class of '22, ICYMI...](#), by Georgia Tech Admissions

TESTING

SAT/ACT Registration:

We encourage families to sign up well in advance of the registration deadlines, as seats fill quickly.

[SAT Registration](#)

[ACT Registration](#)

In the 22-23 school year, MLHS will be hosting the SAT on the following dates: Oct 1, March 11, June 3

Free test prep resources:

[Official SAT Practice Tests - College Board](#)

[SAT Practice Tests - Khan Academy](#)

[ACT Practice Test](#)

[Online Tools That Can Support ACT, SAT Prep](#)

Test Optional Updates

* The *University of Utah* has announced that our [test-optional admissions process will be extended](#) for at least two more years. See [FairTest.org](#) for a list of test-optional colleges.

SCHOLARSHIPS:

ABC Humane Wildlife Women In STEM Academic Scholarship: ABC Wildlife offers a scholarship designed to increase the number of women studying and influencing the future of STEM. Applicants must submit an essay on this topic: Essay Prompt: Why are you passionate about science, technology, engineering, or math, and how will your pursuit of these fields help preserve biodiversity, improve the health of our planet, or alleviate human suffering? [Apply by](#) July 1.

AmericanTrucks Student Scholarships: a scholarship for \$2,500 will be awarded to a student who is currently enrolled full-time in a secondary vocational school, technical institute, or are high school seniors who are enrolled in one of the aforementioned institutes. We are pleased to offer the scholarship to students pursuing a career in the traditional building trades such as HVAC, carpentry, electrical, or related fields of study. To apply, please write a 750-1500 word essay describing who you are and how you plan to use your education to contribute to a thriving community of trade workers who are dedicated to a hands-on approach to knowledge development. [Apply by](#) June 15.

Avive College Scholarship: How would you drive awareness about the importance of CPR and using an AED? Why do you think more people don't know about this public health epidemic and what creative ways would you introduce more AEDs to the public? Once you've figured out how you'd drive awareness (and save more lives!), share your proposal with us by submitting either a video (less than 5 minutes) or short essay (less than 1,000 words). Applicants must be either a college-bound high school senior or a student currently enrolled in an accredited university. [Apply](#) by June 30.

Cover Guy Scholarship: The Cover Guy is an established quality supplier of hot tub covers in North America. The student must be currently enrolled, or going to be enrolled in a program at a university, college or trade school in the United States or Canada for the upcoming school year. The applicant must submit an article consisting of 500-1000 word, discussing the applicants experience with hot tubs, backyard experiences, how hot tubs improve life, etc. [Apply by](#) June 30.

ExtremeTerrain is offering a \$2,500 scholarship for students pursuing a degree in Environmental Studies, Environmental Research, Land Use, Earth and Atmosphere Studies, Sustainable Land Management, Parks and Recreation, or Sustainable Agriculture Systems. Students should submit a 700 – 1500 word essay that describes who you are, why you feel it is important to maintain access to public lands for recreational use and how you plan to use your degree to advocate for the recreational use of public lands. [Apply by](#) June 15.

First Responders Children's Foundation awards college scholarships to children of first responders. Scholarships provide a maximum award of \$6,250 for a single academic year. Awards are based on financial need, academic merit, and achievements such as demonstrated leadership, excellence in the arts or sports, and / or volunteer activities benefiting the community. Applicant must be the biological, adopted or step-child of a police officer, firefighter, EMT, paramedic or 911 dispatcher. Apply [here](#) by June 15.

Jack Scura Fund is designed to recognize students with a special need who are of good standing in school and in their communities. We are a business that runs on helping others and giving chances and the Jack Scura Fund would wish to offer a \$10,000 scholarship to those with Disabilities who are incoming or, are in an Undergraduate Program. To be eligible, applicants must meet the following criteria: an incoming or a current student of an Undergraduate Program of a New Jersey College or University; have an intellectual disability, severe physical disability, or psychiatric disability; student must have a 3.2 and above GPA (based on a 4.0 scale). [Apply by](#) June 15.

Navigate Your Future Scholarship: Applicants must be a senior in high school planning a career in the general aviation field, be enrolled or accepted into an aviation-related program at an accredited college or university, submit the letter of acceptance from the college or university, and be able to demonstrate an interest in pursuing a career in general aviation. The scholarship, in the amount of \$2,500, is to be used for one year of full-time undergraduate study. One award will be granted each year. Interested students must complete an [application](#) and submit it along with the following required documents NO LATER than the last Friday in June.

SUMMER PROGRAMS & INTERNSHIP OPPORTUNITIES:

A list of summer programs is available on our website [HERE](#).

The CIA Undergraduate Scholarship Program is a financial needs-based initiative where you will be exposed to intelligence challenges while performing meaningful work that relates to your college major. Undergraduate students, serving as scholarship recipients with CIA, attend an accredited college/university on a full-time basis and work during summer breaks at the Agency. Learn more [here](#). Apply by June 27.

Summer 2022 Exploration Program



*Developed for YOUTH ages 16-21
Spend a week, or 2, or 4 exploring a trade that can put you on a path to a lucrative career without the expense and time of earning a college degree. These summer "camp" sessions are designed to provide students with an understanding of the hands-on skills, knowledge, and training needed to work in the electrical, plumbing, welding, or automotive field. We hope you find the trade that speaks to you and enroll for the Fall 2022 term.*

Program Information

- Monday thru Thursday
- 9:00am – 2:00pm
- \$180 per session
- Discount for multiple sessions
- Small class size
- Hands on activities
- Taught by Trade Professionals



 <p>Electrical</p>	 <p>Plumbing/HVAC</p>	 <p>Welding</p>	 <p>Auto</p>
JULY 11-14	JULY 18-21	JULY 25-28	AUGUST 1-4

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